



PREPARING FOR YOUR NEWBORN SESSION

photography
BY DEEDEE

TABLE OF CONTENTS

WELCOME

Get to know me and my passion for newborn photography

PREPARING FOR YOUR SESSION

Feel more at ease leading up to the day by following my tips

WHAT TO WEAR

Useful tips on what to wear to ensure your images are stunning

THE EXPERIENCE/WHAT TO EXPECT

What to expect from your newborn shoot

THE STUDIO/CONTACT ME

How to find the studio and ways to get in touch

FAQ

Frequently asked questions from clients





Welcome
TO THE WORLD,
LITTLE ONE



PHOTOGRAPHY BY DEEDEE

Welcome

TO THE WORLD, LITTLE ONE

Congratulations on the birth of your new baby! I'm so excited to meet you and your new arrival and I am thrilled that you have chosen me to capture these precious moments for you. Newborn photography is my passion and I'm truly honoured that I get to photograph these little miracles for my job every day.

I am a fully insured, and trained in newborn safety. I have 18 years of experience in newborn photography as well as first aid training, so you know that your baby is in safe hands. I have also undergone training with some of the best newborn photographers across the country to learn how to safely wrap and pose babies and I have photographed hundreds of newborns over the years.

Please continue to read my helpful guide on how to prep for your newborn session as this will help things go much more smoothly. If you have any questions or concerns at all, please get in touch. My contact details are towards the bottom of this guide. See you soon!

Dee Dee





PREPARING FOR YOUR SESSION



PHOTOGRAPHY BY DEEDEE



PREPARING FOR YOUR SESSION

Please feed your baby right before you leave for the session I always advise parents to try their absolute best to keep their baby awake for 2 hours prior to the shoot and do anything they can to keep them awake. It's going to be really hard, but trust me, it will be so worth it! It's so important to follow this step as this will help me capture those adorable, sleepy newborn pictures.

Top Tips

TO KEEP BABY AWAKE

- Give them a bath
- Lots of talking/singing upbeat nursery rhymes
- Tickle their toes or cheek
- Play with toys/peekaboo

If possible, please bring a pacifier with you. Even if you don't allow your baby to use one, they usually really help to keep them calm and sleepy during posing and wrapping. Newborn sessions typically last 1-2 hours, sometimes much longer if baby is hungry or was asleep during those 2 hours before the session. Please bring a tablet or toys for siblings as sessions can last a long time and they may get bored. I can provide you with the Wifi password if necessary.



WHAT TO WEAR



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PARENTS & SIBLINGS / WHAT TO WEAR

This is completely optional, but I always encourage parents and siblings to take part in newborn shoots as these are fleeting moments that you will never get back. You'll be so glad you had these photos taken when they are older...I promise!

Here are some general guidelines on outfits:

- Opt for soft, neutral colors such as cream, beige, grey, or pastel shades. These colors won't distract from the main focus of the photos, which is the baby.
- While you don't need to match exactly, it's a good idea for parents and siblings to coordinate their outfits.
- Since newborn sessions can take some time, it's important to wear comfortable clothing. Choose fabrics that are soft and breathable, especially if you'll be holding or snuggling with the baby during the shoot. The studio is going to be warm for baby so keep this in mind when planning your outfits too.
- Steer clear of clothing with busy patterns or large logos, as these can be distracting in photos.
- Stick to classic, timeless styles that won't look dated in the photos years down the road. Avoid overly trendy clothing that may not stand the test of time.
- Ultimately, the most important thing is for parents to feel comfortable and confident in their outfits so they can focus on enjoying the special moment with their newborn during the session.





BABY / WHAT TO WEAR

I have outfits, bonnets, wraps and headbands in the studio. These are all beautiful, handpicked pieces that I've collected specifically for my newborn sessions, so you don't have to worry about bringing any special clothing.

It doesn't really matter what outfit your baby wears on their journey to the studio as I will be changing and wrapping them throughout the session. I would just suggest dressing them comfortably and also bringing a change of clothes and a muslin cloth, just in case there are any accidents or spills during the feed when you first arrive.





THE EXPERIENCE/ WHAT TO EXPECT



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THE EXPERIENCE / WHAT TO EXPECT

Once you arrive at the studio, the outfits, backdrops and wraps that I have chosen for your preferred color schemes will already be set up and ready to use. I'll then ask you to undress baby down to their diaper, ready to be wrapped/dressed in their outfits.

I'm sure you'll be feeling exhausted, so this is your time to sit back, relax and let me do all of the work. I want you to feel as comfortable and at home as possible, so try to enjoy a little bit of freedom for the next couple of hours. The studio is going to be warm and very quiet while your baby is sleeping.

I will be playing white noise sounds from my phone throughout the session, this sometimes helps settle babies and makes them feel sleepy. If you are bottle-feeding your baby, please ensure that you bring enough bottles/formula with you.



Following y our session I will begin editing your photos. Editing is a lengthy process, so I ask my clients to allow up to 2 weeks from the session day to receive their final images. You will be sent a link via email to access them online. Your online gallery will be active for 1 months, giving you plenty of time to download the images and share them with your family and friends.



THE STUDIO/ CONTACT ME



PHOTOGRAPHY BY DEEDEE



THE STUDIO / CONTACT

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photography
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FAQ



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FAQ

I've never experienced a photoshoot before and I'm feeling nervous, could you give me some reassurance?

I understand that leading up to the day can be overwhelming, but I'm just a message away if you're feeling anxious or have any questions or concerns.

How long will it take for me to receive my final images?

Editing takes a long time, so I ask my clients to allow up to 2 weeks to receive their final images.

What if my baby is ill on the day of the shoot?

No worries at all, please let me know as soon as possible if you or your baby are ill and we can arrange another date that is suitable for you.

What if my baby is fussy or won't cooperate?

Don't worry! I am experienced in soothing and working with babies and we will take breaks as needed. I have many techniques to calm babies for the best possible photos.

Can we request specific poses or themes for the photoshoot?

Absolutely! We will discuss your preferences and ideas before the session so that I can plan accordingly and ensure your vision is captured.

